

Track: 2026-08-23 Monte Cafornia

These speeds are average for = HKG

IBP index reliability= A

IBP = 165 HKG

Total length	18.4 Km
Analyzed distance	18.4 Km
Lineal distance	0.04 Km

Accumulated climb	1657.7 m
Accumulated descent	1638.1 m
Maximum height	2408.3 m
Minimal height	1131.8 m
Climb rate	20.78 %
Descent rate	16.34 %
Positive climb difference per km	90.09 m
Negative descent difference per km	89.03 m

Total time	6:37:38 h
Time in movement	5:43:38 h
Stopped time	0:54:00 h

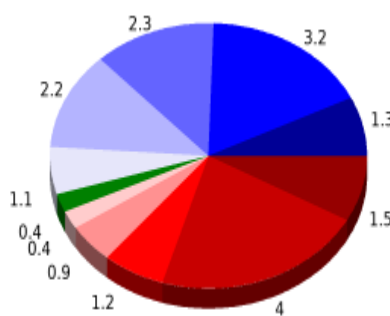
Total speed average	2.78 Km/h
Average speed in movement	3.21 Km/h
Maximum held speed	7.56 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1191 (cad. 15.45 m)
Significant points	498 (cad. 37.03 m / 41.81 %)
Aberrant points	28 (2.35 % d. total)

Direction changes per km	14.51
Direction changes >5° per km	11.47
Accumulated straight stretches	2.084 Km
Straight stretches per km	113.26 m
Penalizable slope changes	11
Penalizable slope changes per km	0.598

Find The Best bike routes

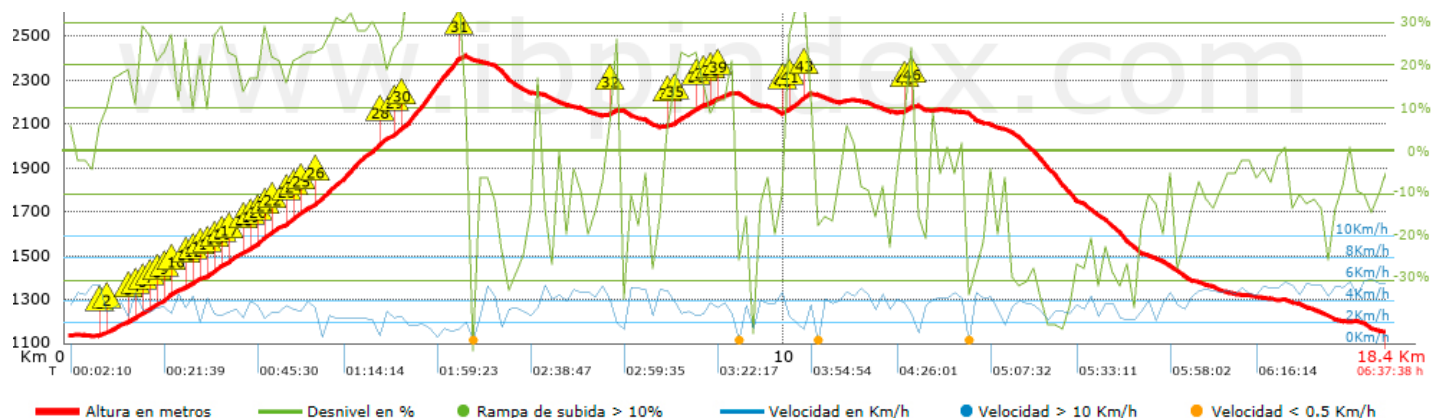


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.472	8	1.77	0:49:47
	Between 15 and 30%	3.976	21.61	2.86	1:23:20
	Between 10 and 15%	1.211	6.58	3.46	0:20:59
	Between 5 and 10%	0.934	5.07	4	0:14:01
	Between 1 and 5%	0.386	2.1	4.33	0:05:21
	Total :	7.979	43.36	2.76	2:53:28
	Plain				
	Difference of 1%	0.4	2.17	4.24	0:05:39
	Breakdown descents				
	Between 1 and 5%	1.075	5.84	4.78	0:13:30
	Between 5 and 10%	2.152	11.7	4.31	0:29:56
	Between 10 and 15%	2.346	12.75	4.06	0:34:42
	Between 15 and 30%	3.199	17.38	3.57	0:53:50
	Between 30% and 55%	1.251	6.8	2.31	0:32:33
	Total :	10.023	54.47	3.66	2:44:31
Total track :		18.4	100 %	3.21	5:43:38

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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	0.451	11 %	154 m
	0.605	18 %	287 m
	0.892	13 %	100 m
	0.992	16 %	39 m
	1.031	20 %	102 m
	1.132	27 %	67 m
	1.199	23 %	32 m
	1.23	15 %	94 m
	1.324	24 %	191 m
	1.515	19 %	174 m
	1.689	14 %	65 m
	1.755	15 %	93 m
	1.848	14 %	153 m
	2.001	16 %	38 m
	2.038	27 %	111 m
	2.149	23 %	140 m
	2.289	21 %	210 m
	2.499	16 %	91 m
	2.59	21 %	72 m
	2.663	31 %	97 m
	2.76	23 %	150 m
	2.91	18 %	148 m
	3.057	20 %	123 m
	3.18	26 %	98 m
	3.278	23 %	173 m
	3.451	30 %	917 m

	4.367	30 %	35 m
	4.402	20 %	122 m
	4.524	24 %	122 m
	4.646	40 %	826 m
	5.472	14 %	108 m
	7.611	24 %	118 m
	8.383	11 %	35 m
	8.418	15 %	40 m
	8.458	21 %	258 m
	8.716	19 %	155 m
	8.872	11 %	102 m
	8.974	16 %	106 m
	9.08	14 %	139 m
	10.009	19 %	39 m
	10.047	25 %	184 m
	10.231	38 %	35 m
	10.267	22 %	105 m
	11.663	14 %	38 m
	11.701	19 %	106 m
	11.806	19 %	41 m

High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	1289.986	7.01	0:32:27	2.39	0:10:28	0:42:55	1.8
2000	7756.357	42.15	2:26:44	3.17	0:37:00	3:03:44	2.53
1750	1479.562	8.04	0:36:23	2.44	0:03:19	0:39:42	2.24
1500	2132.17	11.59	0:42:34	3.01	0:03:13	0:45:47	2.79
Total :	12.658 Km	68.79 %	4:18:08 h	2.94 Km/h	0:54:00 h	5:12:08 h	2.43 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.451	0:03:13	1729	1:02:12	1:02:12	3.451
4.263	0:03:19	1971	1:25:10	0:22:58	0.812
5.135	0:02:57	2255	1:56:26	0:31:16	0.872
5.58	0:07:31	2408	2:15:19	0:18:53	0.446
9.298	0:06:12	2246	3:26:14	1:10:55	3.718
10.371	0:12:57 > 10´	2237	3:54:54	0:28:40	1.073
12.536	0:17:51 > 10´	2160	4:44:28	0:49:34	2.164
Total :		0:54:00 h			